



2014 INDIANA SWIMMING SENIOR LONG COURSE CHAMPIONSHIPS

Sponsored by SPEEDO

July 17-20, 2014

Sanctioned by USA and Indiana Swimming #IN14339



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DEADLINE CHECKLIST

Clubs are encouraged to use the checklist to ensure all responsibilities have been met and to avoid any problems at the meet.

DATE	TIMES - DEADLINES	DESCRIPTION
Friday, July 11	11:59 pm	Online entries must be sent by today
Saturday, July 12	11:59 pm	Entry chairs to receive Entry Report & Exceptions report via e-mail from host
Monday, July 14	11:59 pm	Any exceptions, modifications, deletions must be addressed Relays should be checked to make sure they conform to time standards. Any relays entered below the qualifying time after the modification deadline will be seeded at the minimum qualifying time.
Thursday, July 17	12:30 pm	Thursday events scratch and distance positive check-in deadline
	1:15 pm	Coaches meeting
	1:29 pm	All outstanding fees due or ENTIRE team will be scratched
	5:00 pm	Friday events scratch and relay positive check-in deadline
Friday, July 18	8:45 am	Coaches meeting
	1 Hr Prior To Relay Event	Prelims relay cards turned-in deadline
	5:00 pm	Saturday events scratch and relay positive check-in deadline
	1 Hr Prior To Relay Event	Finals relay cards turned-in deadline
Saturday, July 19	8:45 am	Coaches meeting
	1 Hr Prior To Relay Event	Prelims relay cards turned-in deadline
	5:00 pm	Sunday events scratch and relay/distance positive check-in deadline
	1 Hr Prior To Relay Event	Finals relay cards turned-in deadline
Sunday, July 20	8:45 am	Coaches meeting
	1 Hr Prior To Relay Event	Prelim and Finals relay cards turned-in deadline



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IMPORTANT FACTS REGARDING THE MEET

General	Coaches, swimmers, and legal guardians are responsible for acquainting themselves with the information contained in this meet announcement.
	USA Swimming and Indiana Swimming rules and regulations govern this meet. Modifications are noted in the announcement.
	New parking rates will be in effect on campus beginning July 1, 2014,. Other changes will be made in parking locations and payment procedures for meets at the Natatorium. Please check the Indiana Swimming and host event website for the specific details regarding these changes after June 15, 2014.
Entry	Qualification Period is January 1, 2013 thru July 14, 2014
	Online Entry Deadline is Friday, July 11 by 11:59 pm.
	Entry Times may not be submitted faster than a provable time.***
	Accuracy of entry is the responsibility of the submitting team.
	Deadline for addressing ALL entry exceptions / modifications is Monday, July 14 by 11:59 pm. ANY/ALL entries / modifications received after the Monday Deadline will be considered late. This includes changes to relay times.
	Clubs/unattached swimmers that neglect to enter an event(s) by Friday, July 11 - 11:59 pm and subsequently enter the meet will be considered late and assessed a \$200 Late Entry Fee + \$10 per individual event.
	After publishing of the Psych Sheet on Wednesday prior to the start of the meet, any swimmer or relay entering as a late entry shall not be seeded in the top eight of the entered timed final event. The swimmer or relay will be seeded by their entry time, but no higher than 9th place.***
	When submitting any subsequent entry files, ALWAYS submit a complete entry file to host, not just a file of modifications.
	All fees including any fines due to late entry shall be tendered on or before the first event of Day 1 of the meet or ENTIRE Team will be scratched.
	Any entry that does not have a proof of time standard in the SWIMS Database will be posted on the Indiana Swimming website by Tuesday, July 15 by 5:00 pm.
Positive Check-in	In all individual events, other than the 800 and 1500 Freestyle, the swimmer is assumed to be swimming unless he/she has been scratched.
	Entrants in the 800 and 1500 Freestyle and ALL relays must check-in and confirm their intention to compete before the appropriate scratch deadline in order to be seeded.
Planning	Pre-Scratch Timelines for Prelim Sessions will be available and shall be posted on Indiana Swimming website, the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and Coaches are responsible to adhere to all meet deadlines and competition/event starting times. Please Check with your club coaches for updates.
	Pre-Scratch Timed Finals Events Psych Sheet will be available for all 200-1500 timed final and relay events and shall be posted on Indiana Swimming website, the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding.***
Scratching from Finals	National scratch procedures, USA Swimming rule 207.11.6, will be observed. Modifications and additions are noted in the announcement.
	Scratching from Finals and ALL Timed Finals: Any swimmer qualifying for the original D, C, B or A Final in an individual event, or seeded in an individual timed final event, who fails to compete in said final shall be barred from further competition for the remainder of the meet (Additional penalties apply for the Sunday Evening Session)
	A "D" Bonus Final has been added for 15-16 year olds. The top qualifier for the D Bonus Final may elect to serve as an alternate for the C Bonus Final rather than be seeded in the D Bonus Final by notifying the Administrative Referee within the 30 minute scratch deadline for that event.
Meet Format	The 200 Freestyle and Medley relays are newer events, there are no qualifying times. Please use 400 Freestyle relay and 400 Medley relay entry times when entering the corresponding 200 relays.
	The 400 IM's and 400 Freestyles may be flighted, if dictated by timeline. In the event that events are flighted, the top 6 heats of both men and women would be swam in the regular order of events during the preliminaries slowest to fastest. The remaining heats of men and women would be flighted to the end of the session, following all other events from that session (including relays), and run fastest to slowest.***

HOD 2013, *HOD2011



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GENERAL INFORMATION

Coaches, swimmers, and legal guardians are responsible for acquainting themselves with the information contained in this meet announcement.

HOST

Brownsburg Swim Club

<http://www.brownsburgswimclub.com>

FACILITY

IU Natatorium (IUPUI campus)

901 West New York Street

Indianapolis, IN 46202

POOL CERTIFICATION

- The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.
- Water depth range on start end 1-3m from wall: 9'-10'
- Water depth range on turn end 1-3m from wall: 9'-10'

TIME ZONE

All times are local, Eastern Daylight Time.

MEET DIRECTORS

Rob Wilson

(317) 224-7677

robwilson@brownsburgswimclub.com

ENTRY CHAIRPERSON

Carla Berryman

(317) 363-8908

entries@brownsburgswimclub.com

MEET REFEREE

John Hiester - jhiester1234@gmail.com

OFFICIALS

- To officiate one must complete the online Officials application on the Indiana Swimming website. This is located on the Officials page. www.inswimming.org/officials.html
- All Officials will be selected by the Indiana Officials Committee.
- This meet has been approved as a 'Qualifying Meet' for all N2 and N3 position evaluations. Please include your evaluation request on the online Officials application.

RULES

Current USA Swimming and Indiana Swimming rules will govern this meet.

Requirements and Conditions for Sanction: USA Swimming rules 202.2 and 202.3:

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason or injuries to anyone during the conduct of the event.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming

member coach during warm-up, competition, and warm-down.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms, USA Swimming rule 305.3.

INDIANA SWIMMING BROADCAST POLICY AND IMAGE AUTHORIZATION

Broadcast Statement

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of Indiana Swimming.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana & USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competition.

On Deck Image Recording

Videotaping & Photography on deck during this event is only allowed by approved, USA Swimming member Coaches, Media, Webcasting staff & Host Photographer in their professional capacities or Volunteers assigned by the meet host if so designated to do so.



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FACILITY INFORMATION

PARKING

Parking fees are determined by the IUPUI Parking Services and subject to change without notice. **The meet host, Indiana Swimming, and the Natatorium staff have no influence on parking prices or procedures.**

Beginning July 1, 2014, new parking rates will be in effect on campus. Other changes will be made in parking locations and payment procedures for meets at the Natatorium. ***Please check the Indiana Swimming and host event websites for the specific details regarding these changes after June 15, 2014.*** This new information will also be distributed to coaches via email as soon as all the details have been finalized.

NATATORIUM ENTRANCE

The Natatorium may be entered from the parking garage or from the west entrance on University Boulevard.

SPECTATOR SEATING

The West Concourses will be available for spectator seating. There are handicap accessible areas on the West Concourse.

RESULTS

Live Results and Meet Mobile will be available. **These are considered UNOFFICIAL RESULTS, and are provided as a courtesy only.**

CONCESSIONS

Concessions are available in the concourse. The host club and Natatorium staff have no control over the availability or cost of items.

LOST AND FOUND

The host club is not responsible for items left at the Natatorium. Lost and Found - 317-278-3518.

FACILITY NOTE

All swimmers, coaches, officials, and spectators are asked to please treat this facility like it was their own. **Anyone caught abusing the building/facility will be asked to leave the meet IMMEDIATELY!!!**

- IUPUI campus is Smoke Free.
- Keep all trash picked up.
- Spectators, coaches and athletes, are to remain out of any unauthorized areas.
- No radios, bells, balls, or any other device that will be an inconvenience will be allowed.
- No posting signage/banners on ANY PAINTED SURFACES.
- Vandalism will not be tolerated. Anyone individual caught vandalizing will be asked to leave for the remainder of the meet.

CHARGES

Psych and Heat Sheets

- All options will be available and free of charge on Meet Mobile
- Psych Sheet -\$ 10
- Prelim Heat sheets - \$ 4
- Finals Heat Sheet - \$ 1

Admissions

- All Session Pass - \$ 20
- Individual Day Pass - \$ 7
- Session Pass - \$ 5
- Ages 12 & Under Free
- Coaches and Officials who are not working as coaches or officials must pay admission for access to seating area.

COACH AND ATHLETE DECK ACCESS

Athlete Entrance

Athletes enter the pool level via the wide stairs at the east end of the Natatorium near the elevators/parking garages.

Deck Seating Capacity

Deck bleachers will be available for teams to use. There is ample deck seating.

CREDENTIALS / DECK ACCESS

Due to USA Swimming insurance, only swimmers, credentialed coaches and officials, and meet volunteers will be allowed on deck. **There are no exceptions.**

In compliance with Natatorium policy, all coaches, officials and volunteers are required to show a valid government-issued picture ID to attain access to the deck level at this event. To receive meet packets and gain deck access, ALL coaches and officials will also be required to display valid and current USA Swimming membership cards. **This will be strictly enforced.** The meet referee and directors reserve the right to deny access to anyone not in compliance.

ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors and an Accident Occurrence form submitted.

RUBDOWNS

Per USA Swimming rule 305.2, rub downs (which use oil or lotion) shall not be permitted on deck, and are restricted to the designated rub-down area. There is a designated rub down area in the **west hallway** on deck level.

Any coach found using rubdown oils or lotions in an on-deck area shall have their deck pass and credentials removed for the remainder of the meet. Any swimmer found using rubdown oils or lotions on deck shall be barred from their next individual event.



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ENTERING THE MEET

ENTRY CHAIRPERSON

Carla Berryman
4572 E County Road 1000 N
Pittsboro, IN 46167
(317) 363-8908
entries@brownsburgswimclub.com

Online entry form located on Indiana Swimming web site
www.inswimming.org

QUALIFYING PERIOD

Times must be achieved from January 1, 2013 thru July 14, 2014.

ELIGIBILITY

- All swimmers, coaches, and officials must have an ID # registered with Indiana Swimming, USA Swimming rule 202.3.
- There are no age restrictions on this meet.
- Swimmers with qualifying times made during the qualifying period will be allowed to enter this meet.
- Swimmers submitted times may not be **faster** than a provable time.

ON-DECK REGISTRATION

There will not be any on-deck registrations accepted at this meet.

ENTRY LIMITS

- Swimmers may enter an unlimited number of events.
- Swimmers must scratch down to 6 individual events for the entire meet plus relays.
- No more than 3 individual events per day, including time trials, are allowed.
- All 200 relays must be entered with a 400 relay time.
- The 800 and 1500 Freestyle events are not offered as Bonus Events.
- Bonus Events do not have qualifying times.
- Swimmers may enter Bonus Events as follows:

Entries with Qualifying Times	Number of Bonus Events Allowed
1	1
2	2
3	1
4+	0

ENTRY FEES

- \$ 5.00 per swimmer surcharge - this includes relay only alternates
- \$ 1.50 IUPUI Natatorium surcharge per swimmer
- \$ 5.00 per individual event entry
- \$ 10.00 per relay entry

The total amount of all fees due including any fines incurred due to late entry for **all** swimmers and events entered **shall be tendered on or before the first event of Day 1 of the**

meet. If not tendered at the clerk table, the entire team will be scratched from the meet. If you are NOT going to be at the meet at the beginning of DAY 1 you **MUST** send your check in a timely manner to be received by Wednesday, July 16 - 5:00 pm. (If utilizing Fed Ex/Overnight mail you must check the waive signature box to insure timely delivery.)

ENTRY DEADLINE / ASSOCIATED DATES

It is the responsibility of the entering club/unattached swimmer to heed deadlines and be responsible for the accuracy of club entries. Teams should ensure they have the current version of Team Manager/Unify, downloaded the meet set-up file from Indiana Swimming, and software is set to **not** convert times. Always submit a complete entry file to host, not just a file of the modifications.

Please include, with your entry, the names of all the relay swimmers plus any/all alternates' names, USA SWIMMING numbers, and ages.

Friday, July 11 by 11:59 pm (EDT)

All Entries due via the mandatory Online Entry Form located at www.inswimming.org. An entry must be submitted by the Friday deadline, for entries after this date will be considered late. The only exception is a team/unattached swimmer who achieved a qualifying time between the Friday Deadline and the Monday Deadline. **Relays times cannot be run against time standards in Meet Manager, and thus will not appear in an Exception report. The submitting club should check relay times prior to submission for accuracy. Relays not showing a qualifying time by the modification deadline will be seeded at the minimum qualifying time.**

Saturday, July 12 by 11:59 pm (EDT)

Host will send a Final Entry Report and Exception report (if any) back to entering club/unattached swimmer via e-mail.

Monday, July 14 by 11:59 pm (EDT)

Entering clubs must address their exceptions. Exceptions/Modifications. Changes made after Friday Deadline and before Monday Deadline may include Additions, Deletions and Corrections to the existing (submitted) team entry **including relays.**

Note: Exception Reports do not include Proof of Time verification. See section below on Verification/Proof of Time.

LATE ENTRY

Any entries/ modifications after Monday, July 14 - 11:59 PM will be subject to the late entry fees. This includes any entry time changes, to include a missed event or to switch events for a swimmer already in the meet. **Refer to Individual and Relay Seeding for additional late entry information.**

Clubs/unattached swimmers that neglected to enter an event(s) by Friday, July 11 -11:59 pm can enter up to one hour before the start of the meet. These late



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clubs/unattached swimmers will be assessed a \$200 Late Entry Fee + \$10 per individual event.

OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events.

The coach and swimmer must recognize and accept the responsibilities and the extra obligations if they want to enter extra events.

VERIFICATION / PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS after the entry deadline. Any entry that does not have a time under the cut within the qualifying period will be included on a proof needed list. **Times submitted may not be faster than provable.** The proofs needed list will be posted on the Indiana Swimming website by Tuesday, July 15 - 5:00 pm (EST). **Clubs will have to provide proof of time to ISI offices by Wednesday 5 pm OR at the meet to the Meet Referee or his/her designee prior to applicable scratch deadlines for the event(s) or the swimmer will be scratched.**

Acceptable verifications are official results from:

- USA Swimming sanctioned or approved meets;
- College, High School, Junior High, YWCA or YMCA meets sanctioned by their respective governing organizations;
- Websites (provided host address is printed on the copy);
- Verification slips, time cards, timing system tapes or photocopies of such which are referee signed and dated

Official results from USA Swimming meets must be printed with either host club's name or IUPUI Natatorium on each page. Results from Non-USA Swimming Meets can be emailed or faxed to the Indiana Swimming office no later than Tuesday, July 15 @ 5:00 PM. lynn@inswimming.org or (317)237-5783

Relays cannot be pre-proven with the Hy-Tek program at this time. Therefore, any team's relay that misses the cut or is disqualified will have to provide proof of time **for all relays** in that event. Proofs must be sent to the Indiana Swimming office no later than Thursday, July 31 - 4:00 pm. Any unproven relays after this time will be assessed a \$100 non-refundable fee due to Indiana Swimming. A swimmer's name and time may only be used once per event to prove a relay time.



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TIME STANDARDS

Times must have been achieved from Tuesday, January 1, 2013 to applicable entry deadline.

WOMEN				MEN		
SCY	LCM	SCM	SENIOR	SCY	LCM	SCM
0:25.69	0:28.99	0:28.19	50 Free	0:22.69	0:26.09	0:24.89
0:55.69	1:02.49	1:01.09	100 Free	0:49.79	0:56.29	0:54.59
2:01.49	2:16.69	2:13.09	200 Free	1:49.99	2:05.09	2:00.49
5:28.39	4:49.69	4:51.99	400M / 500Y Free	4:58.19	4:27.89	4:20.99
11:25.79	10:02.09	10:00.79	800M / 1000Y Free	10:43.09	9:26.59	9:22.79
19:25.69	19:35.59	19:21.09	1500M / 1650Y Free	18:04.49	18:16.29	17:57.99
1:03.09	1:11.79	1:09.49	100 Back	0:57.19	1:05.69	1:03.09
2:17.79	2:36.69	2:30.79	200 Back	2:04.89	2:25.69	2:18.09
1:12.89	1:22.69	1:20.19	100 Breast	1:04.09	1:14.59	1:10.39
2:38.59	3:00.39	2:53.19	200 Breast	2:21.39	2:44.39	2:35.89
1:02.39	1:10.49	1:08.29	100 Fly	0:55.39	1:02.19	1:01.69
2:24.09	2:39.49	2:39.29	200 Fly	2:05.59	2:25.59	2:18.69
2:18.59	2:36.19	2:31.79	200 IM	2:04.69	2:21.29	2:16.49
4:58.39	5:38.59	5:26.49	400 IM	4:32.09	5:10.19	4:59.39
3:52.99	4:25.19	4:15.89	200 Free Relay*	3:27.39	4:00.39	3:49.59
3:52.99	4:25.19	4:15.89	400 Free Relay	3:27.39	4:00.39	3:49.59
8:32.29	9:34.99	9:25.09	800 Free Relay	7:41.09	9:01.59	8:24.89
4:21.89	4:53.49	4:48.89	200 Medley Relay*	3:52.09	4:27.59	4:14.19
4:21.89	4:53.49	4:48.89	400 Medley Relay	3:52.09	4:27.59	4:14.19

***Clubs must enter the 200 relays at a 400 time as indicated by standards.**



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ORDER OF EVENTS

Women	Preliminaries	Men	Women	Finals	Men
THURSDAY EVENTS					
5	50 Freestyle	6	1	200 Medley Relay**	2
3	1500 Freestyle **	4	3	1500 Freestyle **	4
			5	50 Freestyle	6
			7	200 Freestyle Relay**	8
FRIDAY EVENTS					
9	400 Individual Medley ***	10	9	400 Individual Medley***	10
11	100 Freestyle	12	11	100 Freestyle	12
13	200 Backstroke	14	13	200 Backstroke	14
15	100 Breaststroke	16	15	100 Breaststroke	16
17	800 Freestyle Relay **	18	17	800 Freestyle Relay**	18
SATURDAY EVENTS					
19	200 Butterfly	20	19	200 Butterfly	20
21	100 Backstroke	22	21	100 Backstroke	22
23	400 Freestyle ***	24	23	400 Freestyle ***	24
25	200 Breaststroke	26	25	200 Breaststroke	26
27	400 Medley Relay**	28	27	400 Medley Relay**	28
SUNDAY EVENTS					
29	200 Individual Medley	30	29	200 Individual Medley	30
33	200 Freestyle	34	31	800 Freestyle **	32
35	100 Butterfly	36	33	200 Freestyle	34
37	400 Free Relay **	38	35	100 Butterfly	36
31	800 Freestyle **	32	37	400 Free Relay **	38

** The **800 and 1500 Freestyle** and **400 and 800 relays** are to be conducted on a timed final basis with only the fastest seeded heat to swim in finals. All other heats are to be held in the preliminaries swimming fastest to slowest. The 800 and 1500 Freestyles and the 800 Freestyle relay will alternate women's and men's heats. The **200 relays** will also be conducted as timed finals, but all swim in the evening session, slowest to fastest.

*** The **400 IM's and 400 Freestyles** may be flighted, if necessitated by timeline. If these events are flighted, the top 6 heats of both men and women would be swum in the regular order of events, during the preliminaries session, from slowest to fastest. The remaining heats of men and women would be flighted to the end of the session, following all other events from that session (including relays) and run fastest to slowest.

MEET SCHEDULE

	Preliminaries		Finals	
	Warm -ups	Meet Starts	Warm-ups Not before	Meet Starts Not Before
Thursday	12:00 pm - 1:15 pm	1:30 pm	6:00 pm	7:00pm
Friday	7:30 am - 8:45 am	9:00 am	4:00 pm	5:15pm
Saturday	7:30 am - 8:45 am	9:00 am	4:00 pm	5:15pm
Sunday	7:30 am - 8:45 am	9:00 am	3:00 pm	4:15pm



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MEET PROCEDURES & FORMAT

WARM-UP PROCEDURES

- No lane assignments will be made for warm-ups.
- The diving well will be available during the entire meet, including warm-ups.
- NOTE: Marshals will be monitoring and enforcing warm-up procedures. Coaches please review the following: <http://www.inswimming.org/files/forms/MeetSafetyWarm-ups.pdf>

WARM-UP SCHEDULE						
	General Warm-up NO DIVING ALL LANES	Sprint Racing starts from starting end only. Swim one way. Walk back Lanes 2 & 7	Pace Lanes 1 & 8	General Warm-up NO DIVING Lanes 3 - 6	Close Pool	Meet Starts
PRELIMS						
Th	12:00 – 12:45 pm		12:45 – 1:15 pm		1:15 pm**	1:30 pm
Fri -Sun	7:30 – 8:15 am		8:15 – 8:45 am		8:45 am**	9:00 am
FINALS						
Th	6:00* – 6:25 pm		6:25 – 6:45 pm		6:45 pm	7:00 pm***
Fri & Sat	4:00* – 4:30 pm		4:30 – 5:00 pm		5:00 pm	5:15 pm***
Sun	3:00* – 3:30 pm		3:30 – 4:00 pm		4:00 pm	4:15 pm***
*Warm-ups will start not earlier than ** Coaches Meeting *** Meet will not start before						

FORMAT

This meet will be run in Modified Championship Meet Format with preliminaries, and A, B, C & D Finals in all events, except the 800 and 1500 Freestyles and all relays.

A **ready area** will be provided for finals each evening. The Top 8 finalists from all individual events and distance timed finals events shall be marched out from a designated ready room.

A “**D**” **bonus final** will be seeded comprised of the next eight qualifying 15-16 yr. olds who did not qualify for the A, B or C Final.

The **800 and 1500 distance Freestyles, and 400 and 800 relays** will be swum on a timed final basis in the prelims with heats fastest to slowest. The fastest heat of women and fastest heat of men will swim in the finals. The 800 and 1500 Freestyles and the 800 Freestyle relay will alternate women’s and men’s heats. The **200 relays** will also be conducted as timed finals, but all swim in the evening session, slowest to fastest.

The **400 IM’s and 400 Freestyles** may be flighted, if necessitated by timeline. If these events are flighted, the top 6 heats of both men and women would be swum in the regular order of events, during the preliminaries session, from slowest to fastest. The remaining heats of men and women would be flighted to the end of the session, following

all other events from that session (including relays) and run fastest to slowest.

Fly-over starts may be used in the preliminary sessions, at the discretion of the meet director and meet referee.

Distance event swimmers must provide their own lap counter. Lap counters that do not have deck access via their coach card or athlete status will not be allowed on deck until 15 minutes prior to the distance event start time(s) and must exit the deck immediately following the swim. These counters must sign in and out at the deck entrance security table.

Courtesy rest, 12-15 minutes, shall be given for swimmers in consecutive events. It is the responsibility of the coach or swimmer to notify the meet referee of a swimmer’s situation PRIOR TO the swimmer’s first event regarding the courtesy



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MEET CONDUCT

RULES

The meet will be conducted in accordance with USA Swimming and Indiana Swimming rules and regulations.

PRE-SCRATCH TIMELINES

Pre-scratch timelines for prelim sessions will be available and shall be posted on Indiana Swimming Website, the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and coaches are responsible to adhere to all meet deadlines and competition/event starting times.

PRE-SCRATCH TIMED FINALS PRELIMS PSYCH SHEET

A pre-scratch prelims psych sheet for timed final and relay events and shall be posted on Indiana Swimming Website, the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding.

COACH SCRATCH BOX RESPONSIBILITY

All scratches for individual events, regardless of reason, must be made at the Scratch Table by:

- Thursday Events 12:30 pm Thursday
- Friday Events: 5:00 pm Thursday
- Saturday Events: 5:00 pm Friday
- Sunday Events: 5:00 pm Saturday

Coaches must sign their names on the Scratch Forms.

The money for scratched events is NOT refundable.

OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first until the maximum has been attained and scratched from all remaining events.

SEEDING OF INDIVIDUAL EVENTS

Seeding order: Long Course Meters - Short Course Meters-Short Course Yards (L-S-Y). No entry times will or should be converted for seeding.

In individual events other than the 800 and 1500 Freestyles, the swimmer is assumed to be swimming unless he/she has been scratched.

Per USA Swimming rule 207.11.7, **entrants in the 800 and 1500 Freestyle must check in and confirm their intention to compete** before the scratch deadline for the event in order to be seeded. Individuals failing to check-in may present themselves to the Meet Referee or his/her designee requesting to swim, and may be placed only as there are existing open lanes in the slowest heat per gender.

After publishing the Psych Sheet on Wednesday prior to the start of the meet, any swimmer entering as a late entry shall not be seeded in the top eight of the entered event. The swimmer will be seeded by their entry time, but no higher than 9th place.

Created by Technical Chair

A copy of the seeded heat sheet after scratches shall be posted before warm-ups for Friday, Saturday and Sunday prelims.

SCRATCH PROCEDURES – INDIVIDUAL EVENTS

National scratch procedures, USA Swimming rule 207.11.6, will be observed. Additions and modifications are noted below.

Preliminary Heats

In all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched in accordance to the above deadline **will be barred from all further individual events of that day.** (NOTE: This does not bar an individual who has qualified earlier in the session for a D, C, B or A final from swimming in that final.) **The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events.** Additionally, that swimmer shall be scratched from any individual events on succeeding days unless that swimmer or the swimmer's coach declares the swimmer's intent to swim prior to the close of the scratch box for that day's events, or within 30 minutes of the missed event.

Scratching from D, C, B or A Finals and Timed Finals

- Extended to include **All** timed finals events and D, C, B, and A finals.
 - **SUNDAY ONLY:** No-shows or not scratching according to the rules by the appropriate deadlines (Exceptions for failure to compete) for original/initial D, C, B, or A finals or timed finals will result in a \$50 fine per swimmer regardless of the number of events missed that finals session. The fine shall be assessed to the swimmer. Host club will forward violations to the ISI office. ISI office will notify violators and collect fines. ISI office will send \$25 per fine collected back to host club.
- A. Any swimmer qualifying for the original D, C, B or A Final in an individual event, or seeded in an individual timed final event, who fails to compete in said final, shall be barred from further competition for the remainder of the meet except as noted in "Exceptions" below. **A declared false start (USA-S rule 101.1.3F) or deliberate delay of meet (USA-S rule 101.1.5) is NOT permitted and will be regarded as a failure to compete.**
- B. Original Qualifiers in the D Bonus Final are designated as the "next" eight (8) 15 and/or 16 year olds after the last person originally qualified in the C Bonus Final. The top qualifier for the D Bonus Final may elect to serve as an alternate for the C Bonus Final rather than be seeded in the D Bonus Final by notifying the Administrative Referee within the 30 minute scratch deadline for that event.



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- C. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the D, C, B or A final when possible with the next qualified swimmer(s). Any potential alternate for finals must report to the Deck Referee or Starter prior to the applicable event. There will be no announcements made to fill the heat.
- D. First and second alternates shall be announced for the D and C finals along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- E. Where D or C finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the D, C, B or A final if necessary, to insert the alternate(s) in appropriate lane(s), filling all lanes in the final.
- F. If the D and C finals have already been contested, the B and A finals shall be swum without re-seeding for the empty lane(s).

Exceptions for Failure to Compete

No penalty shall apply for failure to withdraw or compete in an individual event if:

- A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- B. A swimmer qualifying for a D, C, B or A final race following the preliminaries notifies the Administrative Referee within thirty (30) minutes after announcement of the qualifiers for that final race that he may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

RELAYS

Entry Forms

If a swimmer is only on a relay and not competing in individual events, they **MUST** be on the team entry roster. No swimmer will be allowed to swim unless his/her name is on the entry roster.

Relay Time Standards

The standard is listed on the Time Standards page. Proof of time shall be the aggregate of any four individual swimmers eligible to compete for your team or an actual attained time by a relay team from your club designated – "A", "B", "C", etc.

Relay Cards

All relay cards will be made available, by the host club, for pick-up no later than 1 hour before the start of competition the first day of the meet. Please submit relay cards to the Administrative Referee or host club's designated person no later than one hour prior to the relay's scheduled start. Returned relay cards are to include the full names of the swimmers intending to swim and shall be listed in the order that they will be swimming.

Relay Seeding

Entrants in all relays must check in at the Clerk of Course and confirm their intention to compete before the scratch deadline for the event in order to be seeded. Relays failing to check-in may present themselves to the Meet Referee or his/her designee requesting to swim, and may be placed only as there are existing open lanes in the slowest heat per gender.

All relays will be swum as timed finals, refer to Meet Format for specifics.

All 200 relays are to be entered at a 400 relay time, and will be seeded accordingly.

After publishing the Psych Sheet on Wednesday prior to the start of the meet, any relay entering as a late entry shall not be seeded in the top eight of the entered event. The relay will be seeded by their entry time, but no higher than 9th place.

SCORING

Individual events are scored to 20 places as follows:

26-23-22-21-20-19-18-17-15-13-12-11-10-9-8-7-5-3-2-1

Relay events are scored to 20 places as follows:

52-46-44-42-40-38-36-34-30-26-24-22-20-18-16-14-10-6-4-2

Note that the "D" Final in any event will not score points.

AWARDS

INDIVIDUAL EVENTS: Medals for 1st-8th

RELAY EVENTS: Medals for 1st-8th

Trophies or plaques will be awarded to:

- Top three teams overall
- High point men's team and High point women's team
- Individual men's and women's High point winners.

In the **evening sessions**, awards ceremonies shall be conducted in a manner that does not excessively delay the meet. An Awards Schedule will be printed in the Finals Heat Sheets.

TIME TRIAL

If Time Trials are offered, information will be posted on the host website by 6 pm on Wednesday prior to the meet. Time Trials are only available to Indiana Swimming members.



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SUMMARY OF ENTRIES

THIS FORM IS REQUIRED WITH PAYMENT DUE BY DAY 1 - START OF MEET

(If utilizing Fed Ex/Overnight mail you must check the waive signature box to insure timely delivery-received no later than Wednesday, July 16 - 5 pm)

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash and

Make checks payable to: Brownsburg Swim Club

Thank you.

Send to: Carla Berryman
4572 E County Road 1000 N
Pittsboro, IN 46167

NAME OF CLUB _____ CODE _____

Number of swimmers (and alternates) entered:

Indiana Swimming Surcharge + IUPUI Natatorium Surcharge (\$5 + \$1.50)

Men: _____ X \$ 6.50 = _____

Women: _____ X \$ 6.50 = _____

Number of Men's individual entries: _____ X \$ 5.00 = _____

Number of Women's individual entries: _____ X \$ 5.00 = _____

Number of Relay entries: _____ X \$ 10.00 = _____

TOTAL AMOUNT ENCLOSED: _____

Club Official Submitting Entry:

Name: _____ Cell Phone: () _____

Club Official E-mail: _____

Contact Information for Coaches Attending Meet:

Senior Coach: _____ Cell Phone: () _____

Senior Coach: _____ Cell Phone: () _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host club and Indiana Swimming, and its Board of Directors, USA Swimming, IU Natatorium and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event.

Signature of Club Official/Coach _____ Date _____

- *Person who signs above is responsible for any fines imposed on the club for each missed cut not proven.
*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____

Did you include?

Table with 4 columns: Entries in Writing (only if applicable), Relay Entry Forms (only if applicable), Check for entries and surcharges, This completed form, I have read the scratch rules and USA Swimming National scratch rule, 207.11.6, and understand all of them.